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# INFORMATION BULLETIN

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## Emergency Week Seminars Help Seniors Prepare for Emergencies

**ABBOTSFORD – April 23, 2018:** The City of Abbotsford and the Abbotsford Emergency Program are geared up to help residents prepare for an emergency during Emergency Preparedness Week from May 6-12.

For millions of seniors, fires, floods and disasters such as earthquakes present a real challenge. The amenities that get you through the day might not be available such as power for motorized scooters, or oxygen tanks. Emergencies and disasters can strike quickly and without warning and could result in an evacuation of your home or neighbourhood.

All residents in Abbotsford are invited to attend **one of two workshops** to learn about the hazards that can affect them, what to include in their home emergency kit, what they can do to minimize injury and protect their home from an earthquake, and how to reunite with loved ones after a disaster.

The workshops will be led by Barbara Morgan, an Emergency Management Specialist with over 30 years of experience, and representatives from the Maple Ridge, Pitt Meadows and Katzie First Nation Senior Network who have spent over 4 years researching seniors and their needs in a large scale disaster. Join them by registering for one of two 120 - minute workshops that showcase the reasons why you need to be prepared as well as guide you through the steps of being prepared for a power outage, winter storm or a natural disaster such as an earthquake or tsunami.

Emergency Supply representatives will be on site to showcase the new and innovative products available on the market today. All residents needing guidance on emergency preparedness are encouraged to register.

<b>THURSDAY, MAY 10</b>	<b>THURSDAY, MAY 10</b>
<b>Workshop A:</b> 3:00pm - 5:00pm	<b>Workshop B:</b> 7:00pm - 9:00pm
32315 South Fraser Way	32315 South Fraser Way
Matsqui Centennial Auditorium	Matsqui Centennial Auditorium

Life472 will also be selling Emergency Kits and providing personal preparedness information throughout the week at City facilities:

Date: Monday, May 7  
Time: 8:30am - 1:30 pm  
Location: Abbotsford Rec Centre  
Address: 2499 MacMilan Rd

Date: Tuesday, May 8  
Time: 8:30am - 1:30 pm  
Location: City Hall Lobby  
Address: 32315 South Fraser Way

Date: Wednesday, May 9  
Time: 8:30am - 1:30 pm  
Location: Matsqui Rec Centre

Date: Thursday, May 10  
Time: 8:30am - 1:30 pm  
Location: City Hall Lobby

Address: 3106 Clearbrook Rd

Address: 32315 South Fraser Way

These events will help to ensure residents and their families learn life saving tips from emergency responders so that they can be better prepared in the event of emergencies such as earthquakes, flooding, and other disasters.

For more details on these events and Emergency Preparedness Week: [www.abbotsford.ca/emergency](http://www.abbotsford.ca/emergency).

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**For more information contact:**

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