

Register for the correct level. If unsure, book a FREE swim assessment prior to registering.

LEVELS	AGE	PRE-REQUISITE
 JELLYFISH Parent & Tot Level 1	NB - 12mo	No Pre-requisite - Age requirement must be met
 GOLDFISH Parent & Tot Level 2	12mo - 24mo	No Pre-requisite - Age requirement must be met
 SEA HORSE Parent & Tot Level 3	2yrs - 3yrs	No Pre-requisite - Age requirement must be met
 OCTOPUS Preschool 1	3yrs - 5yrs	No Pre-requisite - Age requirement must be met
 CRAB Preschool 2	3yrs - 5yrs	Passed Octopus
 ORCA Preschool 3	3yrs - 5yrs	Passed Crab
 SEA LION Preschool 4	3yrs - 5yrs	Passed Orca
 NARWHAL Preschool 5	3yrs - 5yrs	Passed Sea Lion
 SWIMMER 1	5yrs - 12yrs	No Pre-requisite - Age requirement must be met
 SWIMMER 2	5yrs - 12yrs	Passed Swimmer 1 or Preschool 3 and higher
 SWIMMER 3	5yrs - 12yrs	Passed Swimmer 2
 SWIMMER 4	5yrs - 12yrs	Passed Swimmer 3
 SWIMMER 5	5yrs - 12yrs	Passed Swimmer 4
 SWIMMER 6	5yrs - 12yrs	Passed Swimmer 5
 SWIMMER 7 Rookie Patrol	8yrs - 12yrs	Passed Swimmer 6
 SWIMMER 8 Ranger Patrol	8yrs - 12yrs	Passed Rookie Patrol
 SWIMMER 9 Star Patrol	8yrs - 12yrs	Passed Ranger Patrol
TEEN/ADULT 1	13yrs+	No Pre-requisite - Age requirement must be met
TEEN/ADULT 2	13yrs+	Passed Teen/Adult 1
TEEN/ADULT 3	13yrs+	Passed Teen/Adult 2

SWIM FOR LIFE - FAQ'S



We have never had swimming lessons - what should we do?

Come down during any public swim time for a free swim assessment.

What should I do with my progress report card that is issued on the last day of lessons?

Bring your progress report card to the first day of your lesson and give to your new instructor.

What do you do in a swim assessment?

Show up to one of the Recreation Centres prepared to swim and let the front desk know you would like a swim assessment. If you want to stay to swim you will need to pay an admission fee. Based on lifeguard availability, you may have to wait up to 15 minutes. You will be asked to meet the guard on the pool deck where they will have you complete some swim skills and assign you an appropriate level.

What if my swimmer passes a class somewhere else?

If you have a lifesaving society report card from the last 12 months, bring it with you and register in person at ARC or MRC. If it is not a lifesaving society level or it has been more than 12 months since your last lesson, then come in for a free swim assessment during a public swim.

Can I register for multiple sets of lessons in the same season?

YES, If you are in the same level. For safety reasons you cannot register into a higher level until you have passed the current level.

If a swimmer fails a level can they re-register in that level?

Yes, you can register immediately.

What should I do if the level I need is full? Will additional classes be made available for popular/highly sought-after courses?

Add yourself to a Waitlist. If we are able to we will add more classes and you will be contacted from the waitlist. You can also look into Private lesson options.

When will outcomes be uploaded onto accounts?

Every effort will be made to enter outcomes within 3 days of the lesson set completion. You can also visit the front desk after receiving your report card to have your outcome recorded if you need to register immediately.

Where are outcomes found on Direct2Rec accounts?

Your online account, my profile, click on name, scroll down to activity outcomes.

I've been in private lessons and now want to take a group lesson... how to I get into the correct level?

Private lessons will have an outcome entered within 3 days of lesson set end and you can register into group lessons based on that report.

Does this apply to all levels and lessons? Parent and tot? Swimmer? Adult/Teen? Patrols? Private lessons?

No outcomes needed on first level for their age, e.g. Preschool 1 Octopus (3yrs - 5yrs), Swimmer 1(5yr -12yrs), Adult/Teen 1 (13yrs+). All higher levels require a Pass outcome or a swim assessment. Private lessons are open to anyone and do not require an outcome. Parent and tot levels are aged based only.

Are the registration dates/seasons changing with this new system?

Registration dates for Swim lessons will now take place on Tuesdays online and Thursdays in person/phone at 9:00am the month prior to season start.

What are the benefits of this new system? Why is this change being made?

The new system will provide increased safety by ensuring participants are registered in the correct level. Additionally, this change will improve access to all residents by reducing last minute cancellations and re-bookings from being in the wrong level.