











Anne-Mari Morrison and

Lisa Doerksen

~Our Stories~



BeMorr Society How We Help!







How can we Help one another?



By Empowering Positive Mental Health

- Open Conversations
- Connecting with Others
- Sharing Resources
- Volunteering
- Education & Awareness

- Fundraising Events
- Providing Safe Spaces
- Collaborative Initiatives
- Celebrating Success Stories
- Your Own Self-Care





Together We Can Make a Difference

www.bemorrsociety.ca

SCAN To Learn More

























