



**COMMUNITY LIVING
BRITISH COLUMBIA**

Community Living, Community Belonging

DISABILITY RELATED
SUPPORTS AND
PARTNERSHIPS

Who is CLBC?

- Community Living BC (CLBC) supports people in B.C. who are 19 or older who have a developmental disability
- CLBC started in 2005 and originated from a grass roots movement led by families and self-advocates
- CLBC is a crown agency (not a Ministry)
- CLBC directs most of its funding to service providers
- Services are offered based on priority of need (urgency), availability of funding, and individual circumstances



Eligibility



We support two distinct population groups:

- CLBC supports people in B.C. who are 19 or older who have a developmental disability (significantly impaired intellectual/adaptive functioning)
- Through a program called the Personalized Supports Initiative, CLBC also supports adults who have a diagnosis of Autism Spectrum Disorder (ASD) or Fetal Alcohol Spectrum Disorder (FASD) and who also need significant help with day-to-day tasks.

How does CLBC decide if someone meets these criteria?

An applicant will need to have assessments and forms completed by an approved professional that shows the criteria for eligibility have been met.

As a first step, families and individuals can contact the nearest CLBC office

Person Centred Supports

- CLBC services are voluntary
- Services are meant to be flexible and address an individual's unique needs
- In situations where an individual's wellbeing is at risk, CLBC has a role to play under the Adult Guardianship Act
- There are two primary supports that individuals commonly request to assist them to live successfully in community. These services are known as Outreach and Homeshare



Independent Living (Outreach)



- An individual lives in a place of their own (that they own, lease or rent) and receives support with activities of daily living from someone who visits them
- Support staff might assist with home or community related tasks
- Individuals can request a certain number of support hours per week
- Independent living arrangements are best sustained when partnering with other community partners

Shared Living (Homeshare)

- An individual shares a home with someone who is contracted to provide them with ongoing support to live in their home
- An individual living in a Homeshare has a room or suite to themselves and then shares access to other parts of the home
- A Homeshare participant can be involved in the caregiver's daily living to the extent that they are comfortable with
- Shared Living participants contribute a portion of their PWD income assistance to the caregiver as a room and board payment and CLBC pays for the caregiving portion



Caregivers Needed



- Outreach staff and Home Sharing providers are always needed!
- All Homeshare providers work directly with a local agency who supports and monitors the caregiver
- To learn more visit www.homesharingbc.ca
- “People’s quality of life is improved when their life includes the love of family and friends, relationships with others, and active participation in community.”

Comorbidity of Mental Health and DD

- Many CLBC eligible individuals develop mental health needs over their lifetime
- While diagnosis can be challenging in some circumstances, many individuals with diverse abilities will exhibit similar side effects to those who are neurotypical
 - Common MH Diagnosis include Mood disorders (Depression, Bipolar), Anxiety Disorders (Panic, Separation, Phobias), OCD, PTSD, etc.
- We show value by offering treatment and support for all of an individual's unique needs



Partnering for Multiple Complex Needs



- Without access to Mental Health specific supports individuals and their caregivers will continue to suffer
- It is suspected that many individuals living at risk with complex mental health needs also have underlying developmental challenges
- We work collaboratively with local Mental Health resources to support individuals needing different supports
- Further partnerships are required to respond to evolving needs in our community

Contact CLBC

For further information contact CLBC at:

201- 2777 Gladwin Road, Abbotsford, BC

Phone: 604-870-5900

www.communitylivingbc.ca

